

體能測驗成績給分量表

時間單位：秒

※此量表各類組男女性均適用。

時間	得分	時間	得分	時間	得分	時間	得分	時間	得分
9.00 (含以下)	100.0	9.35	96.5	9.70	93.0	10.05	89.5	10.40	86.0
9.01	99.9	9.36	96.4	9.71	92.9	10.06	89.4	10.41	85.9
9.02	99.8	9.37	96.3	9.72	92.8	10.07	89.3	10.42	85.8
9.03	99.7	9.38	96.2	9.73	92.7	10.08	89.2	10.43	85.7
9.04	99.6	9.39	96.1	9.74	92.6	10.09	89.1	10.44	85.6
9.05	99.5	9.40	96.0	9.75	92.5	10.10	89.0	10.45	85.5
9.06	99.4	9.41	95.9	9.76	92.4	10.11	88.9	10.46	85.4
9.07	99.3	9.42	95.8	9.77	92.3	10.12	88.8	10.47	85.3
9.08	99.2	9.43	95.7	9.78	92.2	10.13	88.7	10.48	85.2
9.09	99.1	9.44	95.6	9.79	92.1	10.14	88.6	10.49	85.1
9.10	99.0	9.45	95.5	9.80	92.0	10.15	88.5	10.50	85.0
9.11	98.9	9.46	95.4	9.81	91.9	10.16	88.4	10.51	84.9
9.12	98.8	9.47	95.3	9.82	91.8	10.17	88.3	10.52	84.8
9.13	98.7	9.48	95.2	9.83	91.7	10.18	88.2	10.53	84.7
9.14	98.6	9.49	95.1	9.84	91.6	10.19	88.1	10.54	84.6
9.15	98.5	9.50	95.0	9.85	91.5	10.20	88.0	10.55	84.5
9.16	98.4	9.51	94.9	9.86	91.4	10.21	87.9	10.56	84.4
9.17	98.3	9.52	94.8	9.87	91.3	10.22	87.8	10.57	84.3
9.18	98.2	9.53	94.7	9.88	91.2	10.23	87.7	10.58	84.2
9.19	98.1	9.54	94.6	9.89	91.1	10.24	87.6	10.59	84.1
9.20	98.0	9.55	94.5	9.90	91.0	10.25	87.5	10.60	84.0
9.21	97.9	9.56	94.4	9.91	90.9	10.26	87.4	10.61	83.9
9.22	97.8	9.57	94.3	9.92	90.8	10.27	87.3	10.62	83.8
9.23	97.7	9.58	94.2	9.93	90.7	10.28	87.2	10.63	83.7
9.24	97.6	9.59	94.1	9.94	90.6	10.29	87.1	10.64	83.6
9.25	97.5	9.60	94.0	9.95	90.5	10.30	87.0	10.65	83.5
9.26	97.4	9.61	93.9	9.96	90.4	10.31	86.9	10.66	83.4
9.27	97.3	9.62	93.8	9.97	90.3	10.32	86.8	10.67	83.3
9.28	97.2	9.63	93.7	9.98	90.2	10.33	86.7	10.68	83.2
9.29	97.1	9.64	93.6	9.99	90.1	10.34	86.6	10.69	83.1
9.30	97.0	9.65	93.5	10.00	90.0	10.35	86.5	10.70	83.0
9.31	96.9	9.66	93.4	10.01	89.9	10.36	86.4	10.71	82.9
9.32	96.8	9.67	93.3	10.02	89.8	10.37	86.3	10.72	82.8
9.33	96.7	9.68	93.2	10.03	89.7	10.38	86.2	10.73	82.7
9.34	96.6	9.69	93.1	10.04	89.6	10.39	86.1	10.74	82.6

時間	得分	時間	得分	時間	得分	時間	得分	時間	得分
10.75	82.5	11.13	78.7	11.51	74.9	11.89	71.1	12.27	67.3
10.76	82.4	11.14	78.6	11.52	74.8	11.90	71.0	12.28	67.2
10.77	82.3	11.15	78.5	11.53	74.7	11.91	70.9	12.29	67.1
10.78	82.2	11.16	78.4	11.54	74.6	11.92	70.8	12.30	67.0
10.79	82.1	11.17	78.3	11.55	74.5	11.93	70.7	12.31	66.9
10.80	82.0	11.18	78.2	11.56	74.4	11.94	70.6	12.32	66.8
10.81	81.9	11.19	78.1	11.57	74.3	11.95	70.5	12.33	66.7
10.82	81.8	11.20	78.0	11.58	74.2	11.96	70.4	12.34	66.6
10.83	81.7	11.21	77.9	11.59	74.1	11.97	70.3	12.35	66.5
10.84	81.6	11.22	77.8	11.60	74.0	11.98	70.2	12.36	66.4
10.85	81.5	11.23	77.7	11.61	73.9	11.99	70.1	12.37	66.3
10.86	81.4	11.24	77.6	11.62	73.8	12.00	70.0	12.38	66.2
10.87	81.3	11.25	77.5	11.63	73.7	12.01	69.9	12.39	66.1
10.88	81.2	11.26	77.4	11.64	73.6	12.02	69.8	12.40	66.0
10.89	81.1	11.27	77.3	11.65	73.5	12.03	69.7	12.41	65.9
10.90	81.0	11.28	77.2	11.66	73.4	12.04	69.6	12.42	65.8
10.91	80.9	11.29	77.1	11.67	73.3	12.05	69.5	12.43	65.7
10.92	80.8	11.30	77.0	11.68	73.2	12.06	69.4	12.44	65.6
10.93	80.7	11.31	76.9	11.69	73.1	12.07	69.3	12.45	65.5
10.94	80.6	11.32	76.8	11.70	73.0	12.08	69.2	12.46	65.4
10.95	80.5	11.33	76.7	11.71	72.9	12.09	69.1	12.47	65.3
10.96	80.4	11.34	76.6	11.72	72.8	12.10	69.0	12.48	65.2
10.97	80.3	11.35	76.5	11.73	72.7	12.11	68.9	12.49	65.1
10.98	80.2	11.36	76.4	11.74	72.6	12.12	68.8	12.50	65.0
10.99	80.1	11.37	76.3	11.75	72.5	12.13	68.7	12.51	64.9
11.00	80.0	11.38	76.2	11.76	72.4	12.14	68.6	12.52	64.8
11.01	79.9	11.39	76.1	11.77	72.3	12.15	68.5	12.53	64.7
11.02	79.8	11.40	76.0	11.78	72.2	12.16	68.4	12.54	64.6
11.03	79.7	11.41	75.9	11.79	72.1	12.17	68.3	12.55	64.5
11.04	79.6	11.42	75.8	11.80	72.0	12.18	68.2	12.56	64.4
11.05	79.5	11.43	75.7	11.81	71.9	12.19	68.1	12.57	64.3
11.06	79.4	11.44	75.6	11.82	71.8	12.20	68.0	12.58	64.2
11.07	79.3	11.45	75.5	11.83	71.7	12.21	67.9	12.59	64.1
11.08	79.2	11.46	75.4	11.84	71.6	12.22	67.8	12.60	64.0
11.09	79.1	11.47	75.3	11.85	71.5	12.23	67.7	12.61	63.9
11.10	79.0	11.48	75.2	11.86	71.4	12.24	67.6	12.62	63.8
11.11	78.9	11.49	75.1	11.87	71.3	12.25	67.5	12.63	63.7
11.12	78.8	11.50	75.0	11.88	71.2	12.26	67.4	12.64	63.6

時間	得分	時間	得分	時間	得分	時間	得分	時間	得分
12.65	63.5	13.03	59.7	13.41	55.9	13.79	52.1	14.17	48.3
12.66	63.4	13.04	59.6	13.42	55.8	13.80	52.0	14.18	48.2
12.67	63.3	13.05	59.5	13.43	55.7	13.81	51.9	14.19	48.1
12.68	63.2	13.06	59.4	13.44	55.6	13.82	51.8	14.20	48.0
12.69	63.1	13.07	59.3	13.45	55.5	13.83	51.7	14.21	47.9
12.70	63.0	13.08	59.2	13.46	55.4	13.84	51.6	14.22	47.8
12.71	62.9	13.09	59.1	13.47	55.3	13.85	51.5	14.23	47.7
12.72	62.8	13.10	59.0	13.48	55.2	13.86	51.4	14.24	47.6
12.73	62.7	13.11	58.9	13.49	55.1	13.87	51.3	14.25	47.5
12.74	62.6	13.12	58.8	13.50	55.0	13.88	51.2	14.26	47.4
12.75	62.5	13.13	58.7	13.51	54.9	13.89	51.1	14.27	47.3
12.76	62.4	13.14	58.6	13.52	54.8	13.90	51.0	14.28	47.2
12.77	62.3	13.15	58.5	13.53	54.7	13.91	50.9	14.29	47.1
12.78	62.2	13.16	58.4	13.54	54.6	13.92	50.8	14.30	47.0
12.79	62.1	13.17	58.3	13.55	54.5	13.93	50.7	14.31	46.9
12.80	62.0	13.18	58.2	13.56	54.4	13.94	50.6	14.32	46.8
12.81	61.9	13.19	58.1	13.57	54.3	13.95	50.5	14.33	46.7
12.82	61.8	13.20	58.0	13.58	54.2	13.96	50.4	14.34	46.6
12.83	61.7	13.21	57.9	13.59	54.1	13.97	50.3	14.35	46.5
12.84	61.6	13.22	57.8	13.60	54.0	13.98	50.2	14.36	46.4
12.85	61.5	13.23	57.7	13.61	53.9	13.99	50.1	14.37	46.3
12.86	61.4	13.24	57.6	13.62	53.8	14.00	50.0	14.38	46.2
12.87	61.3	13.25	57.5	13.63	53.7	14.01	49.9	14.39	46.1
12.88	61.2	13.26	57.4	13.64	53.6	14.02	49.8	14.40	46.0
12.89	61.1	13.27	57.3	13.65	53.5	14.03	49.7	14.41	45.9
12.90	61.0	13.28	57.2	13.66	53.4	14.04	49.6	14.42	45.8
12.91	60.9	13.29	57.1	13.67	53.3	14.05	49.5	14.43	45.7
12.92	60.8	13.30	57.0	13.68	53.2	14.06	49.4	14.44	45.6
12.93	60.7	13.31	56.9	13.69	53.1	14.07	49.3	14.45	45.5
12.94	60.6	13.32	56.8	13.70	53.0	14.08	49.2	14.46	45.4
12.95	60.5	13.33	56.7	13.71	52.9	14.09	49.1	14.47	45.3
12.96	60.4	13.34	56.6	13.72	52.8	14.10	49.0	14.48	45.2
12.97	60.3	13.35	56.5	13.73	52.7	14.11	48.9	14.49	45.1
12.98	60.2	13.36	56.4	13.74	52.6	14.12	48.8	14.50	45.0
12.99	60.1	13.37	56.3	13.75	52.5	14.13	48.7	14.51	44.9
13.00	60.0	13.38	56.2	13.76	52.4	14.14	48.6	14.52	44.8
13.01	59.9	13.39	56.1	13.77	52.3	14.15	48.5	14.53	44.7
13.02	59.8	13.40	56.0	13.78	52.2	14.16	48.4	14.54	44.6

時間	得分	時間	得分	時間	得分
14.55	44.5	14.93	40.7	15.31	36.9
14.56	44.4	14.94	40.6	15.32	36.8
14.57	44.3	14.95	40.5	15.33	36.7
14.58	44.2	14.96	40.4	15.34	36.6
14.59	44.1	14.97	40.3	15.35	36.5
14.60	44.0	14.98	40.2	15.36	36.4
14.61	43.9	14.99	40.1	15.37	36.3
14.62	43.8	15.00	40.0	15.38	36.2
14.63	43.7	15.01	39.9	15.39	36.1
14.64	43.6	15.02	39.8	15.40	36.0
14.65	43.5	15.03	39.7	15.41	35.9
14.66	43.4	15.04	39.6	15.42	35.8
14.67	43.3	15.05	39.5	15.43	35.7
14.68	43.2	15.06	39.4	15.44	35.6
14.69	43.1	15.07	39.3	15.45	35.5
14.70	43.0	15.08	39.2	15.46	35.4
14.71	42.9	15.09	39.1	15.47	35.3
14.72	42.8	15.10	39.0	15.48	35.2
14.73	42.7	15.11	38.9	15.49	35.1
14.74	42.6	15.12	38.8	15.50(含以上)	35.0
14.75	42.5	15.13	38.7		
14.76	42.4	15.14	38.6		
14.77	42.3	15.15	38.5		
14.78	42.2	15.16	38.4		
14.79	42.1	15.17	38.3		
14.80	42.0	15.18	38.2		
14.81	41.9	15.19	38.1		
14.82	41.8	15.20	38.0		
14.83	41.7	15.21	37.9		
14.84	41.6	15.22	37.8		
14.85	41.5	15.23	37.7		
14.86	41.4	15.24	37.6		
14.87	41.3	15.25	37.5		
14.88	41.2	15.26	37.4		
14.89	41.1	15.27	37.3		
14.90	41.0	15.28	37.2		
14.91	40.9	15.29	37.1		
14.92	40.8	15.30	37.0		